

# **EVENTS IN FERRARA**

OCTOBER 2024



### Testaperaria - Children's Bookshop

Tuesday 1st October at 5.30 p.m.

'Video-shibai' and animated narration by Roberto Agnelli.

Suitable for: children aged 3 – 10

Duration: 50 minutes

Cost: €5

To book: 0532 202823 Email: info@testaperaria.it

#### Internazionale a Ferrara

4th, 5th & 6th October

www.internazionale.it/festival

Journalist and authors from all over the world meet in Ferrara for a series of free lectures and meetings about current affairs, culture, international politics and future scenarios of the world. For the full programme, which includes events for children aged between eight and ten at a local library, visit the official website above.

# Yoga Courses with Monica Baraldi

2nd, 9th, 17th & 24th October

6.30 p.m. - 7.45 p.m.

Ipercoop Shopping Centre 'Le Mura'

At 'The Place to do' (near OVS and the ice cream shop)

1 lesson costs €12 or if you prefer, you can choose the full course (= 4 lessons) €41

You need to book online at: www.theplacetodo.com/lemura/evento/CORSO-YOGA-

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### Pumpkin Park at Parco Massari

28th & 29th September, 5th & 6th October

Visit the Pumpkin Park at Parco Massari guided by the children's entertainers from 'Il Bosco delle Meraviglie' who will take you on Autumn adventures among the pumpkins. This will be followed by a pumpkin carving workshop (or decorating a pumpkin for younger children) and a treasure hunt! At the end of the event, children can choose their favourite pumpkin to take home.

**Cost:** €12 per child (adults are free). There is no need to stop at the ticket office for Ferrara in Fiaba. On arrival, go directly to the Pumpkin Park.

#### It is important to book a place and time slot:

10 a.m. 11 a.m. 12 a.m. 2 p.m. 3 p.m. 4 p.m. 5 p.m. 6 p.m.

Max. 20 children per slot.

https://www.feshioneventi.it/prodotto/il-parco-delle-zucche-ferrara-24/

€5 is to be paid as a deposit and the rest can be paid directly at the park.

### 'Weekend delle Zucche' - Pumpkin Weekends on the Farm

12th, 13th, 19, 20th, 26th& 27th October

'La Florida' Farmhouse in Bondeno (via Burana 103)

Three weekends dedicated to pumpkins! Not only to celebrate the arrival of Halloween but also to celebrate this delicious vegetable that plays a big role in Ferrara's cuisine. The first hour of this fun event will be spent discovering the Pumpkin Park guided by the children's entertainers from a local association 'II Bosco delle Meraviglie'. There will be organized games, dancing and photo opportunities. In the second part, there will be a pumpkin carving workshop to do with parents (suitable children aged 6+) and a super treasure hunt. Younger children can paint or decorate a pumpkin with their parents always with the help of the entertainers who lead all the activities.

The cost of the Pumpkin Park, which includes entertainment and a pumpkin to take home is €12 per child (adults are free). This event is suitable for children of all ages, (if under the age of 3, always accompanied by Mum or Dad).

Please book which day and time you would like to visit:

Saturday: 3 p.m. 4 p.m. 5 p.m. or 6 p.m.

Sunday: 10 a.m. 11 a.m. 12 p.m. 2 p.m. 3 p.m. 4 p.m. 5 p.m. 6 p.m.

https://www.feshioneventi.it/prodotto/il-weekend-delle-zucche-24/

You may be interested in adding one of the following events to your Pumpkin Park weekend at the Florida Farmhouse. These can be booked using the same link as above:

## 1)Picnic tra le Zucche - A Picnic among Pumpkins

Enjoy a family picnic among the pumpkins with delicious local produce. There will be entertainment for the children who can also make pumpkin slime! Families are welcome to visit the different areas of the farm during their stay. Pumpkin carving and decorating is not included in the price and must be booked separately (see 'A Pumpkin Weekend' above).

The picnic basket includes:

#### Adults:

- Rosemary focaccia
- Salumi-filled sandwich
- Maccheroni pasta with cream of pumpkin and sausage sauce
- Pumpkin 'Tenerina' cake
- Spicy pumpkin milk
- A bottle of water & a glass of wine

#### Children's Menu:

- Pasta with a fresh tomato sauce
- Chocolate 'Tenerina' cake
- Fruit juice
- A bottle of water

Cost: €23 adults, €15 children (which includes entertainment during the picnic)
Picnic baskets will be ready for families at 12.30 p.m.

Children can visit the 'Ludo Park' which has mini tractors, giant Lego and games from the past. During each weekend it is also possible to visit the farm animals.

## 2)Arts & Crafts Workshops on Saturdays & Sundays:

11 a.m. – midday (on Sundays only) Slime party with spiders' spit!
3.30 p.m. – 4.30 p.m. 'Brewing Magic Potions'
5 p.m. – 6.30 p.m. A treasure hunt in the woods - 'The Mystery of the Dark'

Cost: €6 per workshop or €15 for all three workshops. Suitable for children aged 3 +.

Book online at the above address ('Weekend delle Zucche')



## 3) 'Aperi-Zucca' - A Pumpkin Aperitif

Enjoy a pumpkin-themed aperitif at 'La Florida'. It starts from 5.30 p.m. onwards and costs €10. This includes a drink (Prosecco, beer, spritz....) fried pumpkin and pumpkin nuggets. (Book online at the above address - 'Weekend delle Zucche').

#### Oktoberfest Ferrara

3rd – 13th October, from 7 p.m. onwards
Ferrara Fiere Congressi
Via della Fiera Congressi, 11
www.oktoberfestferrara.it

This is a festival which celebrates Bavaria; its culture, music, cuisine and traditions including its excellent beer 'Paulaner' whose brewery was founded in 1634. Folk music, rides and shows will ensure everyone, including youngsters, will have a great time. Admission is free. However, it is highly recommended that you book tables online in advance if you are planning to eat there. You should also book tickets online to watch one of the concerts. By doing so, you have the added bonus of jumping the queue at the entrance. Visit the website above to find out more about the full programme.

Check out the 'Servizio Navetta' (bus service), which costs €2 and takes you to and from Kennedy car park to the festival, so you do not have to worry about drinking and driving: https://www.oktoberfestferrara.it/servizio-navetta/

#### Palazzo dei Diamanti - Art Exhibition

Il Cinquecento a Ferrara. Mazzolino, Ortalano, Garofolo, Dosso

12th October - 16th February 2025

Open every day from 9.30 a.m. - 7.30 p.m.

www.palazzodiamanti.it

A new exhibition opens this month dedicated to Ferrarese artists from the early 16th century who helped to make Ferrara an important focal point in the Italian Renaissance during the reign of the Estense family.

Tickets cost: €15 full price, €5 children aged 6 - 18, free for children under the age of 6. It is possible to book online in advance for a small fee.



#### Jazz Club - Torrione San Giovanni

From October to April 2025 Via Rampari di Belfiore, 167

Email: jazzclub@jazzclubferrara.com

Ferrara's leading Jazz club is found in the beautiful Renaissance tower at the start of the walls in Porta Mare. It is the perfect setting for a relaxing evening of jazz with artists from all over the world who come here to play. It is also possible to have an evening meal here if you book in advance by telephoning 331 4323840 (between midday and 10 p.m.) The first time you go, you need to pay a membership fee which costs €10 and lasts for one year. If you enrol the night of a concert, you will be entitled to a discount off the concert ticket! These cost around €20 and can be bought on the night of the concert. The ticket office opens at 7 p.m. and concerts start at 9.30 p.m. giving guests time to soak up the atmosphere, have a drink, meal and a chat!

#### Programme:

Thursday 3rd - Immanuel Wilkins Quartet Blues Blood

Friday 4th – Anka Koziel Quintet

Saturday 5th - Chris Morrissey Quartet

Sunday 6th - Ronnie Foster Reboot Tour

Thursday 10th - Peter Erskine Quartet Featuring Bob Mintzer

Friday 11th - 'To Carla with love' Frescobaldi Big Band plays the music of Carla Bley

Saturday 12th - João Bosco & Jaques Morelembaum

Sunday 13th - Zlatko Kaucic Solo Zlatko Kaucic (drums & percussion)

Friday 18th – José Antonio Molina Afro-Cuban Jazz Jam

Saturday 19th - Joe Locke Quartet Makram

Sunday 20th - Lorenzo Dari

Friday 25th - Outward Bound Sextet plays the music of Eric Dolphy

Saturday 26th - Erik Friedlander's The Through

Sunday 27th - Fiore De Mattia

Thursday 31st - Pablo Held Trio meets Nelson Veras

# 'Monumenti Aperti' - Monuments Open!

19th & 20th October

This event celebrates Italy's cultural heritage and aims to encourage visitors to discover and appreciate Italy's art, architecture and history, especially in their own town.

Lots of buildings are opened just for this event, many are free of charge while organize special opening times and guided tours. Here is a list of the monuments:

Friday 18th October – Opening ceremony at the Town hall's theatre (Teatro Comunale) which is amazing. Pop in and visit it between 4.30 p.m. and 10.30 p.m. – It is a fantastic opportunity! (Corso Martiri della Libertà, 5).

Saturday 19th & Sunday 20th, 10 a.m. - 1.30 p.m. / 3 p.m. - 6 p.m.

- Chiesa di San Carlo
- Palazzo Naselli Crispi
- Residenza Municipale
- Chiesa di San Paolo
- Porta Paola
- Dipartimento di Architettura
- Palazzo Tassoni Estense
- Monastero Sant'Antonio in Polesine
- Chiesa di Santa Francesca Romana
- Palazzo Costabili detto di Ludovico il Moro
- Casa Biagio Rossetti
- Santuario di San Giorgio e San Maurelio
- Centro diurno Maccacaro
- Bagni Ducali
- Centro Culturale Slavich
- Acquedotto della Montagna
- Chiesa della Madonnina

Nearly all of the buildings listed above (with some exceptions) will be open on both days. There will be a useful information point in Piazza Trento Trieste to help point you in the right direction of the buildings.

### 'Festival del Ciclista Lento' - 'The Slow Bike Ride Festival'

25th - 27th October

10 a.m. - 3 p.m.

#### www.ciclistalento.it

Here is a fun bicycle event which includes the slowest bike ride in the world! 5km in 5 hours around the city to visit its monuments, learn about its history and to taste local delights at various refreshment breaks along the way. It is a great opportunity to visit Ferrara by bike with a guide. If you prefer to go further-a-field then try the 'Grandondo del Merendone' on Sunday, which takes you outside the walls and off into the charming Ferrarese countryside. This will be led by Olympic champion Silvio Martinello.



Here is the programme:

Friday 25th - Opening Party at 'La Casona', Via Smeldarina, from 8 p.m. Aperitif and 'Welcome' evening.

#### Saturday 26th - The slowest bicycle ride in the world!

Leaving the historical city centre at 10 a.m. and finishing at around 3 p.m. Enrolment fee: €15 (book online at the address below).

'Galà del Ciclista Lento' at 3.30p.m. at 'Factory Grisù' Via Mario Poledrelli 21 (near the station/stadium) for celebrations and awards. (Free event)

#### Sunday 27th October - 'La Granfondo del Merendone'

A 45 km round trip, between Ferrara and Bondeno, along cycle paths to discover nature, parks and historical places from the times of the Estense family. (A big snack is included!)

Leaving at 9 a.m. from the centre of Ferrara.

Enrolment fee €15 (book online at the address below).

If you are interested in taking part in one of the above cycling events then go to https://www.ciclistalento.it/il-programma/

Click on the link 'Quota di partecipazione: €15 - inscriviti'.

#### Food Festivals Continue....

## Mesola - Sagra del Radicchio – Chicory

4th, 5th, 6th & 7th October

Piazza E. Bullega - Bosco Mesola

Open midday & 7 p.m. (Heated indoor area)

The woods of Mesola, near Ferrara and the Delta, is the perfect area in which the sweet/bitter Italian chicory grows. It is a popular ingredient for many Ferrarese dishes and during this food festival you can try a variety of interesting dishes. If you go, look out for information about excursions into the woods by moonlight and bike tours of the area. You may be lucky enough to spot the Mesola deer and other wildlife typical of this area!



# Madonna Boschi (just outside Ferrara) - Sagra Salamina da Sugo al Cucchiaio

Pro Loco di Madonna Boschi, Via Madonna Boschi 1 28th & 29th September, 3rd, 4th, 5th & 6th October Open at 7.15 p.m. (1st sitting) & 9 p.m. (2nd sitting) Sunday open only at lunch: 12.15 p.m. (1st sitting) 2 p.m.

'Salamina da sugo' is a special type of sausage which is rich and spicy. It is slow-cooked in red wine and Dry Marsala. To compliment its strong flavor, it is served with a creamy mashed potato. If you would like to try this traditional dish, this is the food festival to visit. It produces the best 'Salamina da Sugo' in the region!

### Vigarano Pieve (Ferrara) - Festa della Cappelletto d'Autunno

Church hall, Via Mantova 120, Vigarano Pieve
Open at 7.30 p.m. Sundays lunches only 12.30 p.m.
It is possible to book: 345.6890018 Email: sagra@vigaranopieve.it

Try 'Cappelletti' – meat filled pasta served with cream, ragù, savoury truffle or in broth (which is the most traditional). Taste delicious 'Cotoletta' (fried breaded pork fillets) with savoury truffle, mixed grills or tender slice beef 'Tagliata'. Finish off the meal with a traditional chocoloate 'Tenerina' cake, 'Zuppa Inglese', 'Torta Tagliatellina' or a semifreddo with marscapone and Nutella!

More news about Ferrara's Food Festival and Halloween events coming soon!